

## MENTAWAI Tide Chart - SIKAKAP - JANUARY 2025

<b>Wed 01</b>	<b>Sat 11</b>	<b>Wed 22</b>
Low 12:54 AM 0.3	High 3:30 AM 0.7	Low 3:42 AM 0.4
High 6:26 AM 0.9	Low 8:52 AM 0.4	High 10:13 AM 0.9
Low 12:05 PM 0.2	High 4:12 PM 1.1	Low 4:12 PM 0.6
High 6:45 PM 1.4	Low 11:23 PM 0.4	High 9:36 PM 0.8
<b>Thu 02</b>	<b>Sun 12</b>	<b>Thu 23</b>
Low 1:24 AM 0.2	High 4:43 AM 0.7	Low 4:01 AM 0.4
High 7:00 AM 0.9	Low 10:01 AM 0.4	High 11:08 AM 0.9
Low 12:40 PM 0.2	High 4:59 PM 1.2	Low 5:28 PM 0.7
High 7:17 PM 1.3	Low 11:58 PM 0.3	High 9:27 PM 0.7
<b>Fri 03</b>	<b>Mon 13</b>	<b>Fri 24</b>
Low 1:55 AM 0.2	High 5:30 AM 0.8	Low 4:23 AM 0.5
High 7:36 AM 0.9	Low 10:52 AM 0.3	High 1:05 PM 0.9
Low 1:17 PM 0.2	High 5:38 PM 1.3	
High 7:49 PM 1.3		
<b>Sat 04</b>	<b>Tue 14</b>	<b>Sat 25</b>
Low 2:26 AM 0.2	Low 12:30 AM 0.3	Low 5:09 AM 0.5
High 8:14 AM 0.9	High 6:06 AM 0.8	High 3:30 PM 1.0
Low 1:55 PM 0.3	Low 11:33 AM 0.3	Low 11:55 PM 0.5
High 8:22 PM 1.3	High 6:13 PM 1.3	
<b>Sun 05</b>	<b>Wed 15</b>	<b>Sun 26</b>
Low 2:59 AM 0.2	Low 12:59 AM 0.2	High 4:34 AM 0.6
High 8:55 AM 0.9	High 6:38 AM 0.9	Low 8:46 AM 0.5
Low 2:36 PM 0.4	Low 12:11 PM 0.3	High 4:29 PM 1.1
High 8:56 PM 1.2	High 6:46 PM 1.4	Low 11:52 PM 0.4
<b>Mon 06</b>	<b>Thu 16</b>	<b>Mon 27</b>
Low 3:33 AM 0.3	Low 1:27 AM 0.2	High 5:06 AM 0.7
High 9:41 AM 0.9	High 7:08 AM 0.9	Low 10:07 AM 0.5
Low 3:22 PM 0.4	Low 12:45 PM 0.2	High 5:07 PM 1.2
High 9:31 PM 1.0	High 7:17 PM 1.3	
<b>Tue 07</b>	<b>Fri 17</b>	<b>Tue 28</b>
Low 4:10 AM 0.3	Low 1:53 AM 0.2	Low 12:06 AM 0.4
High 10:37 AM 0.9	High 7:37 AM 0.9	High 5:33 AM 0.8
Low 4:22 PM 0.5	Low 1:17 PM 0.2	Low 10:55 AM 0.4
High 10:10 PM 0.9	High 7:45 PM 1.3	High 5:40 PM 1.3
<b>Wed 08</b>	<b>Sat 18</b>	<b>Wed 29</b>
Low 4:53 AM 0.4	Low 2:18 AM 0.2	Low 12:26 AM 0.3
High 11:53 AM 0.9	High 8:05 AM 1.0	High 6:01 AM 0.9
Low 6:01 PM 0.6	Low 1:49 PM 0.3	Low 11:34 AM 0.3
High 11:02 PM 0.8	High 8:13 PM 1.2	High 6:10 PM 1.3
<b>Thu 09</b>	<b>Sun 19</b>	<b>Thu 30</b>
Low 5:52 AM 0.4	Low 2:41 AM 0.3	Low 12:48 AM 0.2
High 1:37 PM 1.0	High 8:33 AM 1.0	High 6:29 AM 0.9
Low 8:57 PM 0.6	Low 2:21 PM 0.3	Low 12:11 PM 0.2
	High 8:38 PM 1.2	High 6:40 PM 1.4
<b>Fri 10</b>	<b>Mon 20</b>	<b>Fri 31</b>
High 1:01 AM 0.7	Low 3:03 AM 0.3	Low 1:12 AM 0.2
Low 7:19 AM 0.5	High 9:02 AM 1.0	High 6:59 AM 1.0
High 3:09 PM 1.0	Low 2:53 PM 0.4	Low 12:46 PM 0.2
Low 10:37 PM 0.5	High 9:01 PM 1.1	High 7:09 PM 1.4
<b>Tue 21</b>		
	Low 3:23 AM 0.3	
	High 9:35 AM 1.0	
	Low 3:29 PM 0.5	
	High 9:21 PM 0.9	

## MENTAWAI Tide Chart - SIKAKAP - FEBRUARY 2025

<b>Sat 01</b>	Low 1:37 AM	0.1	<b>Mon 10</b>	High 5:28 AM	0.7	<b>Thu 20</b>	Low 2:47 AM	0.3
	High 7:30 AM	1.1		Low 10:22 AM	0.5		High 9:18 AM	1.1
	Low 1:21 PM	0.2		High 5:09 PM	1.2		Low 3:26 PM	0.5
	High 7:39 PM	1.3					High 8:48 PM	0.9
<b>Sun 02</b>			<b>Tue 11</b>	Low 12:08 AM	0.3	<b>Fri 21</b>	Low 2:59 AM	0.3
	Low 2:03 AM	0.1		High 5:50 AM	0.8		High 9:50 AM	1.0
	High 8:03 AM	1.1		Low 11:08 AM	0.4		Low 3:57 PM	0.6
	Low 1:56 PM	0.2		High 5:42 PM	1.2		High 8:37 PM	0.8
	High 8:07 PM	1.3	<b>Wed 12</b>	Low 12:27 AM	0.2	<b>Sat 22</b>	Low 3:06 AM	0.4
<b>Mon 03</b>				High 6:12 AM	0.9		High 10:40 AM	0.9
	Low 2:29 AM	0.1		Low 11:43 AM	0.3		Low 5:26 PM	0.7
	High 8:37 AM	1.1		High 6:11 PM	1.3		High 6:15 PM	0.7
	Low 2:33 PM	0.3	<b>Thu 13</b>	Low 12:47 AM	0.2	<b>Sun 23</b>	Low 2:48 AM	0.5
	High 8:35 PM	1.2		High 6:34 AM	1.0		High 3:34 PM	0.9
<b>Tue 04</b>				Low 12:14 PM	0.2		Low 11:43 PM	0.5
	Low 2:55 AM	0.2		High 6:37 PM	1.3	<b>Mon 24</b>	High 6:39 AM	0.6
	High 9:12 AM	1.1	<b>Fri 14</b>	Low 1:06 AM	0.2		Low 8:37 AM	0.6
	Low 3:11 PM	0.4		High 6:56 AM	1.0		High 4:30 PM	1.0
	High 9:02 PM	1.0		Low 12:42 PM	0.2		Low 11:52 PM	0.4
<b>Wed 05</b>				High 7:02 PM	1.3	<b>Tue 25</b>	High 5:22 AM	0.7
	Low 3:22 AM	0.2	<b>Sat 15</b>	Low 1:25 AM	0.2		Low 10:16 AM	0.5
	High 9:52 AM	1.1		High 7:18 AM	1.1		High 5:00 PM	1.1
	Low 3:54 PM	0.5		Low 1:10 PM	0.2		Low 11:51 PM	0.3
	High 9:25 PM	0.9		High 7:26 PM	1.3	<b>Wed 26</b>	High 5:30 AM	0.8
<b>Thu 06</b>			<b>Sun 16</b>	Low 1:44 AM	0.2		Low 10:58 AM	0.4
	Low 3:47 AM	0.3		High 7:40 AM	1.1		High 5:28 PM	1.2
	High 10:41 AM	1.0		Low 1:38 PM	0.2	<b>Thu 27</b>	Low 12:04 AM	0.3
	Low 4:54 PM	0.6		High 7:48 PM	1.2		High 5:50 AM	0.9
	High 9:37 PM	0.8	<b>Mon 17</b>	Low 2:01 AM	0.2		Low 11:33 AM	0.3
<b>Fri 07</b>				High 8:03 AM	1.1		High 5:55 PM	1.3
	Low 4:11 AM	0.4		Low 2:05 PM	0.2	<b>Fri 28</b>	Low 12:22 AM	0.2
	High 12:06 PM	0.9		High 8:08 PM	1.2		High 6:15 AM	1.1
	Low 5:54 PM	0.6	<b>Tue 18</b>	Low 2:18 AM	0.2		Low 12:06 PM	0.2
	High 9:54 PM	0.8		High 8:27 AM	1.1		High 6:23 PM	1.3
<b>Sat 08</b>				Low 2:32 PM	0.3	<b>Wed 19</b>	Low 2:33 AM	0.2
	Low 4:28 AM	0.5		High 8:27 PM	1.1		High 8:51 AM	1.1
	High 3:06 PM	1.0					Low 2:59 PM	0.4
	Low 11:52 PM	0.5					High 8:41 PM	1.0
<b>Sun 09</b>			<b>Thu 20</b>	Low 2:18 AM	0.2			
	High 5:10 AM	0.6		High 8:27 AM	1.1			
	Low 8:49 AM	0.6		Low 2:32 PM	0.3			
	High 4:27 PM	1.1		High 8:27 PM	1.1			
	Low 11:51 PM	0.4						

## MENTAWAI Tide Chart - SIKAKAP - MARCH 2025

**Sat 01**

Low	12:43 AM	0.1
High	6:42 AM	1.2
Low	12:39 PM	0.1
High	6:50 PM	1.3

**Wed 12**

High	5:41 AM	0.9
Low	11:11 AM	0.4
High	5:30 PM	1.2

**Sat 22**

Low	2:18 AM	0.3
High	9:09 AM	1.0
Low	3:26 PM	0.6
High	8:10 PM	0.8

**Sun 02**

Low	1:06 AM	0.1
High	7:11 AM	1.2
Low	1:12 PM	0.1
High	7:18 PM	1.3

**Thu 13**

Low	12:02 AM	0.2
High	5:55 AM	1.0
Low	11:39 AM	0.3
High	5:54 PM	1.2

**Sun 23**

Low	2:25 AM	0.4
High	9:45 AM	0.9
Low	4:14 PM	0.7
High	6:52 PM	0.7

**Mon 03**

Low	1:30 AM	0.1
High	7:40 AM	1.3
Low	1:46 PM	0.1
High	7:45 PM	1.2

**Fri 14**

Low	12:17 AM	0.2
High	6:12 AM	1.1
Low	12:05 PM	0.2
High	6:16 PM	1.3

**Mon 24**

Low	2:05 AM	0.5
High	2:34 PM	0.8
Low	11:58 PM	0.5

**Tue 04**

Low	1:54 AM	0.1
High	8:11 AM	1.3
Low	2:20 PM	0.2
High	8:11 PM	1.1

**Sat 15**

Low	12:32 AM	0.2
High	6:30 AM	1.1
Low	12:30 PM	0.2
High	6:38 PM	1.3

**Tue 25**

High	6:13 AM	0.7
Low	8:56 AM	0.6
High	4:00 PM	1.0
Low	11:08 PM	0.4

**Wed 05**

Low	2:18 AM	0.1
High	8:42 AM	1.2
Low	2:54 PM	0.3
High	8:33 PM	1.0

**Sun 16**

Low	12:48 AM	0.2
High	6:50 AM	1.2
Low	12:55 PM	0.1
High	6:59 PM	1.2

**Wed 26**

High	4:57 AM	0.8
Low	10:08 AM	0.5
High	4:31 PM	1.1
Low	11:09 PM	0.3

**Thu 06**

Low	2:39 AM	0.2
High	9:14 AM	1.2
Low	3:30 PM	0.5
High	8:50 PM	0.9

**Mon 17**

Low	1:04 AM	0.1
High	7:10 AM	1.3
Low	1:20 PM	0.2
High	7:19 PM	1.2

**Thu 27**

High	5:04 AM	0.9
Low	10:45 AM	0.4
High	4:59 PM	1.2
Low	11:24 PM	0.2

**Fri 07**

Low	2:56 AM	0.3
High	9:51 AM	1.1
Low	4:15 PM	0.6
High	8:44 PM	0.7

**Tue 18**

Low	1:20 AM	0.2
High	7:32 AM	1.3
Low	1:45 PM	0.2
High	7:38 PM	1.1

**Sat 29**

High	5:49 AM	1.2
Low	11:52 AM	0.2
High	5:56 PM	1.3

**Sat 08**

Low	2:59 AM	0.4
High	10:45 AM	0.9
Low	4:55 PM	0.6
High	8:40 PM	0.7

**Wed 19**

Low	1:36 AM	0.2
High	7:54 AM	1.3
Low	2:10 PM	0.3
High	7:54 PM	1.0

**Sun 30**

Low	12:06 AM	0.1
High	6:16 AM	1.3
Low	12:25 PM	0.1
High	6:25 PM	1.2

**Mon 10**

High	6:01 AM	0.7
Low	9:47 AM	0.6
High	4:32 PM	1.0
Low	11:40 PM	0.4

**Fri 21**

Low	2:05 AM	0.3
High	8:41 AM	1.1
Low	2:58 PM	0.5
High	8:15 PM	0.9

**Mon 31**

Low	12:30 AM	0.1
High	6:45 AM	1.4
Low	12:59 PM	0.1
High	6:54 PM	1.2

**Tue 11**

High	5:34 AM	0.8
Low	10:39 AM	0.5
High	5:04 PM	1.1
Low	11:48 PM	0.3

## MENTAWAI Tide Chart - SIKAKAP - APRIL 2025

<b>Tue 01</b>		<b>Fri 11</b>		<b>Tue 22</b>	
Low 12:55 AM	0.0	High 5:23 AM	1.0	Low 2:00 AM	0.5
High 7:15 AM	1.4	Low 11:22 AM	0.3	High 11:49 AM	0.9
Low 1:32 PM	0.1	High 5:25 PM	1.1	Low 9:47 PM	0.5
High 7:22 PM	1.1	Low 11:34 PM	0.2		
<b>Wed 02</b>		<b>Sat 12</b>		<b>Wed 23</b>	
Low 1:19 AM	0.1	High 5:40 AM	1.1	High 4:21 AM	0.7
High 7:45 AM	1.4	Low 11:47 AM	0.2	Low 8:06 AM	0.7
Low 2:06 PM	0.2	High 5:47 PM	1.1	High 2:46 PM	0.9
High 7:48 PM	1.0	Low 11:50 PM	0.2	Low 9:49 PM	0.4
<b>Thu 03</b>		<b>Sun 13</b>		<b>Thu 24</b>	
Low 1:43 AM	0.1	High 5:59 AM	1.2	High 4:03 AM	0.8
High 8:16 AM	1.3	Low 12:12 PM	0.2	Low 9:37 AM	0.5
Low 2:41 PM	0.3	High 6:09 PM	1.1	High 3:40 PM	1.0
High 8:11 PM	0.9			Low 10:09 PM	0.3
<b>Fri 04</b>		<b>Mon 14</b>		<b>Fri 25</b>	
Low 2:04 AM	0.2	Low 12:06 AM	0.2	High 4:23 AM	1.0
High 8:47 AM	1.2	High 6:19 AM	1.3	Low 10:21 AM	0.4
Low 3:18 PM	0.4	Low 12:37 PM	0.2	High 4:19 PM	1.0
High 8:28 PM	0.8	High 6:30 PM	1.1	Low 10:33 PM	0.2
<b>Sat 05</b>		<b>Tue 15</b>		<b>Sat 26</b>	
Low 2:19 AM	0.3	Low 12:23 AM	0.2	High 4:50 AM	1.1
High 9:21 AM	1.1	High 6:41 AM	1.3	Low 10:59 AM	0.3
Low 4:10 PM	0.6	Low 1:02 PM	0.2	High 4:54 PM	1.1
High 8:20 PM	0.7	High 6:50 PM	1.0	Low 10:59 PM	0.2
<b>Sun 06</b>		<b>Wed 16</b>		<b>Sun 27</b>	
Low 2:14 AM	0.5	Low 12:41 AM	0.2	High 5:18 AM	1.3
High 10:08 AM	0.9	High 7:04 AM	1.3	Low 11:35 AM	0.2
		Low 1:28 PM	0.2	High 5:27 PM	1.1
		High 7:10 PM	1.0	Low 11:26 PM	0.1
<b>Mon 07</b>		<b>Thu 17</b>		<b>Mon 28</b>	
Low 12:24 AM	0.5	Low 12:59 AM	0.2	High 5:49 AM	1.4
High 2:54 PM	0.9	High 7:28 AM	1.3	Low 12:11 PM	0.1
Low 10:58 PM	0.5	Low 1:53 PM	0.3	High 5:59 PM	1.1
<b>Tue 08</b>		High 7:28 PM	0.9	Low 11:54 PM	0.1
High 5:22 AM	0.7	<b>Fri 18</b>		<b>Tue 29</b>	
Low 9:48 AM	0.6	Low 1:18 AM	0.2	High 6:20 AM	1.4
High 4:02 PM	1.0	High 7:53 AM	1.3	Low 12:47 PM	0.1
Low 10:56 PM	0.4	Low 2:20 PM	0.4	High 6:31 PM	1.1
<b>Wed 09</b>		High 7:46 PM	0.9		
High 5:03 AM	0.8	<b>Sat 19</b>		<b>Wed 30</b>	
Low 10:27 AM	0.5	Low 1:37 AM	0.3	Low 12:22 AM	0.1
High 4:35 PM	1.0	High 8:21 AM	1.2	High 6:53 AM	1.4
Low 11:06 PM	0.3	Low 2:50 PM	0.5	Low 1:23 PM	0.2
<b>Thu 10</b>		High 8:02 PM	0.8	High 7:02 PM	1.0
High 5:10 AM	0.9	<b>Sun 20</b>			
Low 10:56 AM	0.4	Low 1:55 AM	0.3		
High 5:01 PM	1.1	High 8:52 AM	1.1		
Low 11:20 PM	0.3	Low 3:31 PM	0.6		
		High 8:14 PM	0.7		
<b>Mon 21</b>					
Low 2:10 AM	0.4				
High 9:36 AM	1.0				
Low 5:20 PM	0.6				
High 7:49 PM	0.6				

## MENTAWAI Tide Chart - SIKAKAP - MAY 2025

<b>Thu 01</b>	<b>Sun 11</b>	<b>Thu 22</b>
Low 12:50 AM 0.1	High 5:05 AM 1.2	High 1:44 AM 0.8
High 7:26 AM 1.4	Low 11:27 AM 0.3	Low 6:54 AM 0.6
Low 1:59 PM 0.2	High 5:15 PM 1.0	High 1:06 PM 0.9
High 7:33 PM 0.9	Low 11:03 PM 0.3	Low 8:09 PM 0.4
<b>Fri 02</b>	<b>Mon 12</b>	<b>Fri 23</b>
Low 1:17 AM 0.2	High 5:28 AM 1.3	High 2:54 AM 0.9
High 7:59 AM 1.3	Low 11:55 AM 0.2	Low 8:52 AM 0.6
Low 2:38 PM 0.3	High 5:39 PM 1.0	High 2:33 PM 0.9
High 8:03 PM 0.8	Low 11:24 PM 0.2	Low 8:57 PM 0.4
<b>Sat 03</b>	<b>Tue 13</b>	<b>Sat 24</b>
Low 1:43 AM 0.3	High 5:52 AM 1.3	High 3:37 AM 1.0
High 8:34 AM 1.2	Low 12:23 PM 0.2	Low 9:54 AM 0.4
Low 3:24 PM 0.4	High 6:03 PM 0.9	High 3:32 PM 0.9
High 8:32 PM 0.7	Low 11:46 PM 0.2	Low 9:37 PM 0.3
<b>Sun 04</b>	<b>Wed 14</b>	<b>Sun 25</b>
Low 2:05 AM 0.4	High 6:18 AM 1.3	High 4:14 AM 1.2
High 9:14 AM 1.1	Low 12:50 PM 0.2	Low 10:41 AM 0.3
Low 4:32 PM 0.5	High 6:27 PM 0.9	High 4:19 PM 0.9
High 9:06 PM 0.6		Low 10:13 PM 0.2
<b>Mon 05</b>	<b>Thu 15</b>	<b>Mon 26</b>
Low 2:15 AM 0.5	Low 12:10 AM 0.2	High 4:50 AM 1.3
High 10:11 AM 0.9	High 6:45 AM 1.3	Low 11:23 AM 0.3
Low 8:04 PM 0.6	Low 1:19 PM 0.3	High 5:01 PM 0.9
	High 6:51 PM 0.9	Low 10:49 PM 0.2
<b>Tue 06</b>	<b>Fri 16</b>	<b>Tue 27</b>
Low 2:55 AM 0.5	Low 12:34 AM 0.2	High 5:26 AM 1.4
High 12:53 PM 0.9	High 7:14 AM 1.3	Low 12:03 PM 0.2
Low 9:21 PM 0.5	Low 1:49 PM 0.3	High 5:40 PM 0.9
	High 7:17 PM 0.9	Low 11:24 PM 0.2
<b>Wed 07</b>	<b>Sat 17</b>	<b>Wed 28</b>
High 4:06 AM 0.7	Low 1:00 AM 0.3	High 6:02 AM 1.4
Low 8:52 AM 0.6	High 7:44 AM 1.3	Low 12:42 PM 0.2
High 2:54 PM 0.9	Low 2:22 PM 0.4	High 6:18 PM 0.9
Low 9:46 PM 0.4	High 7:45 PM 0.8	Low 11:59 PM 0.2
<b>Thu 08</b>	<b>Sun 18</b>	<b>Thu 29</b>
High 4:10 AM 0.9	Low 1:27 AM 0.3	High 6:39 AM 1.4
Low 9:52 AM 0.5	High 8:17 AM 1.2	Low 1:21 PM 0.2
High 3:45 PM 0.9	Low 3:01 PM 0.4	High 6:55 PM 0.9
Low 10:06 PM 0.4	High 8:19 PM 0.8	
<b>Fri 09</b>	<b>Mon 19</b>	<b>Fri 30</b>
High 4:25 AM 1.0	Low 1:57 AM 0.4	Low 12:33 AM 0.2
Low 10:29 AM 0.4	High 8:55 AM 1.1	High 7:16 AM 1.4
High 4:20 PM 0.9	Low 3:53 PM 0.5	Low 2:01 PM 0.3
Low 10:25 PM 0.3	High 9:09 PM 0.7	High 7:32 PM 0.8
<b>Sat 10</b>	<b>Tue 20</b>	<b>Sat 31</b>
High 4:44 AM 1.1	Low 2:35 AM 0.5	Low 1:07 AM 0.3
Low 10:59 AM 0.4	High 9:45 AM 1.0	High 7:53 AM 1.3
High 4:49 PM 1.0	Low 5:12 PM 0.5	Low 2:42 PM 0.3
Low 10:44 PM 0.3	High 10:56 PM 0.7	High 8:11 PM 0.8
	<b>Wed 21</b>	
	Low 3:47 AM 0.6	
	High 11:07 AM 0.9	
	Low 6:56 PM 0.5	

## MENTAWAI Tide Chart - SIKAKAP - JUNE 2025

Sun 01	Thu 12	Sat 21
Low 1:41 AM 0.3	High 6:06 AM 1.3	High 1:39 AM 0.9
High 8:32 AM 1.2	Low 12:49 PM 0.3	Low 8:02 AM 0.6
Low 3:28 PM 0.4	High 6:17 PM 0.8	High 1:12 PM 0.8
High 8:55 PM 0.7	Low 11:54 PM 0.3	Low 7:38 PM 0.4
Mon 02	Fri 13	Sun 22
Low 2:17 AM 0.4	High 6:38 AM 1.3	High 2:50 AM 1.0
High 9:13 AM 1.1	Low 1:20 PM 0.3	Low 9:35 AM 0.5
Low 4:21 PM 0.4	High 6:49 PM 0.8	High 2:44 PM 0.8
High 9:53 PM 0.7		Low 8:41 PM 0.4
Tue 03	Sat 14	Mon 23
Low 3:00 AM 0.5	Low 12:27 AM 0.3	High 3:45 AM 1.2
High 10:01 AM 1.0	High 7:11 AM 1.3	Low 10:36 AM 0.4
Low 5:27 PM 0.5	Low 1:53 PM 0.3	High 3:55 PM 0.8
High 11:31 PM 0.7	High 7:23 PM 0.8	Low 9:36 PM 0.3
Wed 04	Sun 15	Tue 24
Low 4:13 AM 0.6	Low 1:01 AM 0.3	High 4:32 AM 1.2
High 11:10 AM 0.9	High 7:44 AM 1.3	Low 11:24 AM 0.3
Low 6:46 PM 0.5	Low 2:27 PM 0.3	High 4:51 PM 0.8
	High 8:00 PM 0.8	Low 10:25 PM 0.3
Thu 05	Mon 16	Wed 25
High 1:38 AM 0.8	Low 1:37 AM 0.3	High 5:16 AM 1.3
Low 6:54 AM 0.6	High 8:18 AM 1.2	Low 12:06 PM 0.3
High 12:52 PM 0.8	Low 3:04 PM 0.3	High 5:37 PM 0.8
Low 7:53 PM 0.5	High 8:43 PM 0.8	Low 11:10 PM 0.3
Fri 06	Tue 17	Thu 26
High 2:47 AM 0.9	Low 2:18 AM 0.4	High 5:57 AM 1.4
Low 8:57 AM 0.6	High 8:55 AM 1.1	Low 12:46 PM 0.2
High 2:25 PM 0.8	Low 3:44 PM 0.4	High 6:19 PM 0.8
Low 8:40 PM 0.5	High 9:36 PM 0.8	Low 11:51 PM 0.2
Sat 07	Wed 18	Fri 27
High 3:28 AM 1.0	Low 3:06 AM 0.5	High 6:36 AM 1.4
Low 9:59 AM 0.5	High 9:37 AM 1.1	Low 1:23 PM 0.2
High 3:27 PM 0.8	Low 4:31 PM 0.4	High 6:58 PM 0.9
Low 9:17 PM 0.4	High 10:45 PM 0.8	
Sun 08	Thu 19	Sat 28
High 4:01 AM 1.1	Low 4:13 AM 0.5	Low 12:31 AM 0.3
Low 10:41 AM 0.4	High 10:28 AM 1.0	High 7:13 AM 1.4
High 4:10 PM 0.8	Low 5:26 PM 0.4	Low 1:59 PM 0.2
Low 9:49 PM 0.4	High 10:45 PM 0.8	High 7:36 PM 0.9
Mon 09	Fri 20	Sun 29
High 4:32 AM 1.1	High 12:11 AM 0.9	Low 1:10 AM 0.3
Low 11:16 AM 0.4	Low 5:56 AM 0.6	High 7:49 AM 1.3
High 4:46 PM 0.8	High 11:38 AM 0.9	Low 2:34 PM 0.3
Low 10:20 PM 0.3	Low 6:30 PM 0.4	High 8:14 PM 0.9
Tue 10		Mon 30
High 5:04 AM 1.2		Low 1:47 AM 0.3
Low 11:48 AM 0.3		High 8:24 AM 1.2
High 5:17 PM 0.8		Low 3:07 PM 0.3
Low 10:51 PM 0.3		High 8:52 PM 0.9
Wed 11		
High 5:35 AM 1.3		
Low 12:19 PM 0.3		
High 5:47 PM 0.8		
Low 11:22 PM 0.3		